Mike Trout

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People are always talking about the guy who is a throwback to the 1950s. A guy who seems to bust a gut on every play; someone steeped in the fundamentals; someone who puts "team first"; someone with a big smile.

This person is Mike Trout, a graduate of the Millville, New Jersey Babe Ruth League, who is a center fielder with the Los Angeles Angels.

Trout (aka the "Millville Meteor") initially was a pitcher when he played for the Millville Babe Ruth League. It was during his senior year in high school that he shifted his talent to the outfield, and that year he hit 18 home runs, a New Jersey high school record.

Trout was drafted by the Angels in the 2009 MLB Draft. His 2012 season made history. He became the first player ever to win Baseball America's Rookie of the Year and Major League Player of the Year awards in the same season.

Mike Trout is a transcendent talent and an inspiration to all. His talent got him to the Majors and ensures him of a great future. But some of the attributes that make him stand out from the rest—confidence, a team player, sportsmanship-like behavior, and a love of the game—are valuable life lessons he most likely learned by participating in Babe Ruth Baseball.

